



Saint Thomas Episcopal Church
889 1st South St
P.O. Box 1175
Clarkdale, AZ 86324
928-634-8593

stthomasclarkdale@gmail.com
stthomas.azdiocese.org

Growing in Faith
Proclaiming the Love of Christ

August/September 2024 Newsletter

Announcements

● **Life Line Health Screening** Wednesday, August 14. Appointments are required. To make an appointment, please call 1-888-814-0466 and use promo code HSCA001 or go to: [LLSA.SOCIAL/HSCA](https://llsa.social/hzca)

● **Red Cross Blood Drive**: Monday, August 19. Volunteers are still needed to help. There is a sign-up sheet in the Parish Hall. Appointments to donate are required. To make an appointment, please call 1-800-733-2767 or go to: recrossblood.org and use the sponsor code: saintthomas

●**Tuesday Community:** meets every Tuesday in the Parish Hall at 10am. Everyone is welcome to attend this fun and lively group for a variety of activities. Please bring your sack lunch. Water, coffee and tea is provided.

●**Mark your Calendars!** Bishop Reddall will be visiting St. Thomas and joining us for worship on Sunday, September 22.

●**M.O.S.T.:** The Men of St. Thomas (M.O.S.T.) meet for breakfast on the 3rd Thursday of each month at 9am at Randall's Restaurant, 891 S. Main St, Cottonwood. All men are welcome to attend.

●**ECW Meetings:** ECW does not meet during the summer months but beginning in September, will meet the first Saturday of each month at 10am. All women of St. Thomas are welcome to attend!

●**Bible Study:** Every Thursday at 10am in the Parish Hall. Please contact Deacon Deirdre Moulinier for details. 928-399-0677 or moulinierdeirdre@gmail.com

●**St. Thomas Live Streaming:** The Stream Team of St. Thomas brings you Sunday Worship Services in real time on YouTube. The link for viewing is on our webpage at stthomas.azdiocese.org

●**Last one out!** Lately, certain things have been left on in both buildings. If you are the last one out, please make sure all the lights are turned off, including restroom lights. Please make sure the thermostats are set correctly, (60° F in winter, 85° F in summer). Please make sure all ceiling fans are turned off. Please make sure the fountain in the courtyard area is turned off. Please make sure all doors are locked and securely closed, including the door to the outside patio attached to the Parish Hall. THANK YOU!!

A Prayer for Peace

For those who are fleeing: Sanctuary

For those who are staying: Safety

For those who are fighting: Peace

For those whose hearts are breaking: Comfort

For those who see no future: Hope

We gratefully acknowledge the Native Peoples on whose ancestral homelands we gather, the Yavapai –Apache, as well as the diverse and vibrant Native communities who make their home here today.

A Letter to Members and Friends of St. Thomas Episcopal Church

From: The Vicar, Deacon, and Members of the Bishop Committee

As most of you are aware, we have been struggling for some time to remain financially sound and continue to cover all of the expenses of keeping our mission healthy. It has become harder with each quarter, and we have had to make some very difficult decisions. In conversation with consultants and our bishop, we concluded that we cannot at this time support a full-time Administrator/Bookkeeper/Sexton. We also learned that there are a number of mission churches in our diocese who are in the same position. Shirley Pogány's hours have been reduced by half, and she no longer will be acting as Sexton. In addition, the contract earnings of our multi-talented musician Eric Williams, have been lowered. We are now actively looking for someone to clean our buildings twice a month, and we are looking for volunteers from the congregation to tidy, run the vacuum, and make sure the bathrooms are stocked and presentable on the off-weeks.

This has been an incredibly difficult decision and one we have tried very hard not to make. We love Shirley and Eric. They are both a beloved part of our community, and essential to our being in this place. Please let them know of your care for them.

Sincerely,

The Rev. Susan Armer, Vicar

The Rev. Deirdre Moulinier, Deacon

Barbara Evans, Senior Warden

Ken Shenton, Junior Warden

Lee Worthen, Treasurer

Mary Ann Palmquist, Bishop's Committee Member

Marilyn Shreve, Bishop's Committee Member

In Loving Memory

It is with sadness that we announce the death of longtime parishioner, Naomi Cornelson, who died on June 21, 2024. No memorial service has been planned yet but we will let you know if and when one is planned in the future. If you would like to send a card to express your sympathy to the family, please send it to:

Cindi Reutter and Family
P.O. Box 15114
Fritz Creek, Alaska 99603

Senior Warden's Corner, from Barbara Evans

As we all know, summer is almost over and as far as the heat goes, it will be getting cooler soon and we'll be welcoming all the beautiful colors of autumn.

Let's talk about our church building. Our Altar Guild is keeping the altar area of our sanctuary looking good, as always. The flowers look beautiful and everything always looks so nice. And, thanks to Mira Bai Fairlight, the quiet room at the back of the sanctuary is so appealing. Our music each Sunday, thanks to our wonderful music director, Eric Williams, is always amazing. Indeed, we are a very lucky congregation to have all these people in our midst.

Our ECW ladies have been on hiatus for the summer but soon it will be time, once again, to do something nice for our community. We are planning to help the young people who go to the Yavapai-Apache Nation Learning Center as we have done in the past. Lisa Sandavol, who is in charge at the Learning Center, will soon provide us with a list of items that they need. So, stay tuned. We will publish the list in the Sunday bulletin so you can help with donations.

On another subject – some of you have been wondering what the large penny jar in the Narthex is for. The Church Periodical Club, or CPC as we know it, provides literature in the form of prayer books, textbooks, Bibles, or other needed books to churches all over the world. Our pennies are collected and sent to CPC to help them in their

important ministry. So, feel free to bring handfuls of those pennies you have lying around and drop them in the jar.

Another important ministry that we and other Episcopal churches support is The United Thank Offering. A special offering for this ministry is collected on one Sunday in November. We send the collected funds to them to help with their ministries that include: training women for the workplace, church building assistance, loan funds, and educational scholarships for women. There will be special United Thank Offering envelopes in our pews in November so keep an eye out for those.

As always, thank you for all of your generous donations for our local community and for your continued financial support for Episcopal ministries.

Update from your Junior Warden, Ken Shenton

St. Thomas has been hosting two exciting events this summer. Attendance continues to grow, not only including our own parishioners but residents throughout the Verde Valley.

The first of these current events, called the Tuesday Community, is hosted by our church Deacon, The Rev. Deirdre Moulinier. The Tuesday Community, which as you might have guessed by the title, meets each Tuesday at 10am and features different types of activities including a Garden Club, Classic Movie Hour, Art/Craft Classes, Hand-Writing Analysis and more. At our most recent Tuesday Community, Carolyn Bennett, a guest artist from Jerome taught something she calls Chainbow, a beaded art craft applied to a variety of objects. Everyone left with a beautiful and memorable piece of artwork sure to become a household treasure. The Tuesday Community is a rewarding experience in social interaction, learning new things, and the opportunity to meet new friends. Attendees should bring their own sack lunch.

The second event is a Chair Yoga class taught by our own parishioner, Mira Bai Fairlight. The class is in the Parish Hall immediately following Coffee Hour. The Chair Yoga class consists of

about fifteen or more participants has proven very popular in learning coping and recovery skills for those with recent orthopedic operations (e.g, hip, knee, ankle, back, etc.) The class is also very helpful for those of us simply navigating the arthritic aging process. Some of the Chair Yoga class restorative techniques include: increasing balance and how to keep from falling, how to get down on the floor, how to safely get up from an unanticipated fall, how to get in and out of a car, etc. Currently, our growing numbers include all ages of both men and women who look forward to Mira Bai's class each Sunday.

As an added bonus, the Tuesday Community and the Chair Yoga classes are both FREE for all attendees. Donations are accepted and these donations are graciously appreciated as they help to offset utility costs in the Parish Hall.

A sincere THANK YOU to both Deacon Deirdre and Mira Bai for their personal sacrifice of time and energy they continue to contribute to St. Thomas and our greater community.

A Word from your Parish Administrator, Shirley R. Pogány

I would just like to let everyone know that my office hours have changed. Until further notice, I will be in the church office Monday through Thursday from 10am to 3pm. I will take a short lunch from noon until 12:30pm. The church office will no longer be open on Fridays as I have chosen to take that day off. I will no longer be the St. Thomas janitor/sexton and as a result, the church is looking for volunteers to do some cleaning on the weekends. If you are interested, please call the church office. You won't have to worry about cleaning the church office. I will take care of it since the messes in the office are of my own making.

Please be assured that, although my hours have been reduced, I will continue to do all my primary duties as your Parish Administrator and Bookkeeper to the best of my ability as I have always done. However, I may not have time to do the little extra things I used to do for people but I will try, so, if you need something, do not ever hesitate to ask because you just never know, I might be able to help you. The

truth is, I like doing those little extras and I enjoy helping all of you when you need it, so again, just ask if you need something.

It has always been, and continues to be, a pleasure working at St. Thomas. You are all wonderful people who enrich my life each day! THANK YOU for all you do!!





Happy Birthday To:
Mary Ann Palmquist – Aug 9
Greg Noyes – Aug 10
Dinah Gemmill – Aug 21
Cindy Crossett – Aug 29
Susan Haggemiller – Sep 5
The Rev. Susan C. Armer – Sep 6
Jim Gemmill – Sep 17



Happy Anniversary To:
Joel and Diane Eide – Aug 21

August and September Serving Schedules

Date	Readers	Counters	Altar Guild	Coffee Hour Hosts
Aug 4	#1 M. Shreve #2 L. Worthen #3 B. Evans	J. Schauffler B. Evans	A. Hadermann M. Shreve	K. Shenton M. Shenton
Aug 11	#1 E. Williams #2 M. Palmquist #3 V. Chanda	B. Evans M. Palmquist	A. Hadermann M. Shreve	
Aug 18	#1 M. Fairlight #2 J. Schauffler #3 M. Palmquist	M. Shreve B. Evans	M. Palmquist J. Schauffler	M. Shreve M. Palmquist
Aug 25	#1 M. Shreve #2 B. Evans #3 E. Williams	M. Shreve B. Evans	M. Palmquist J. Schauffler	
Sep 1	#1 G. Chanda #2 L. Worthen #3 M. Palmquist	K. Shenton M. Palmquist	A. Hadermann M. Shreve	
Sep 8	#1 K. Shenton #2 J. Schauffler #3 E. Williams	M. Palmquist J. Schauffler	M. Shreve A. Hadermann	M. Shreve M. Palmquist
Sep 15	#1 M. Fairlight #2 M. Shreve #3 L. Worthen	K. Shenton B. Evans	M. Palmquist J. Schauffler	
Sep 22	#1 B. Evans #2 D. Gemmill #3 K. Shenton	J. Gemmill M. Shreve	J. Schauffler M. Palmquist	
Sep 29	#1 M. Palmquist #2 J. Schauffler #3 E. Williams	M. Palmquist B. Evans	M. Shreve A. Hadermann	

August and September Readings

August Readings	September Readings
<p>August 4: 11th Sunday after Pentecost II Samuel 11:26-12:13a Psalm 51:1-13 Ephesians 4:1-16 John 6:24-35</p>	<p>September 1 – 15th Sunday after Pentecost Song of Solomon 2:8-13 Psalm 45:1-2, 7-10 James 1:17-27 Mark 7:1-8, 14-15, 21-23</p>
<p>August 11 – 12th Sunday after Pentecost II Samuel 18:5-9, 15, 31-33 Psalm 130 Ephesians 4:25-5:2 John 6:35, 41-51</p>	<p>September 8 – 16th Sunday after Pentecost Proverbs 22:1-2, 8-9, 22-23 Psalm 125 James 2:1-17 Mark 7:24-37</p>
<p>August 18 – 13th Sunday after Pentecost I Kings 2:10-12, 3:3-14 Psalm 111 Ephesians 5:15-20 John 6:51-58</p>	<p>September 15 – 17th Sunday after Pentecost Proverbs 1:20-33 Wisdom 7:26-8:1 James 3:1-12 Mark 8:27-38</p>
<p>August 25 – 14th Sunday of after Pentecost I Kings 8:22-30, 41-43 Psalm 84 Ephesians 6:10-20 John 6:56-69</p>	<p>September 22 – 18th Sunday after Pentecost Proverbs 31:10-31 Psalm 1 James 3:13-4:3, 7-8a Mark 9:30-37</p>
	<p>September 29 – 19th Sunday after Pentecost Esther 7:1-6, 9-10, 9:20-22 Psalm 124 James 5:13-20 Mark 9:38-50</p>

August Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10am-Bible Study	2	3
4 11 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	5	6 10am-Tue. Comm.	7	8 10am-Bible Study 2pm-Tribal Round Table Mtg	9	10
11 12 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	12 5:30pm-Mt. Gate	13 10am-Tue. Comm.	14 8:30am-Life Line Health Screening	15 9am-MOST 10am-Bible Study	16	17
18 13 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	19 9am-Red Cross Blood Drive	20 10am-Tue. Comm.	21 12:30pm-CHS 6pm-Mt. Gate	22 10am-Bible Study 6pm-Mt. Gate	23	24
25 14 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	26	27 10am-Tue. Comm.	28	29 10am-Bible Study 1pm-BC Meeting	30	31

September Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
1 15 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	2	3 10am-Tue. Comm.	4	5 10am-Bible Study	6	7 10am- ECW Mtg
8 16 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	9 5:30pm-Mt. Gate	10 10am-Tue. Comm. 6pm-Mt. Gate	11	12 10am-Bible Study	13	14
15 17 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	16	17 10am-Tue. Comm.	18 12:30pm-CHS 6pm-Mt. Gate	19 9am-MOST 10am-Bible Study 1pm-BC Meeting	20	21
22 18 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	23	24 10am-Tue. Comm.	25	26 10am-Bible Study	27	28
29 19 th Sunday after Pentecost 10am-Worship Service 11am-Coffee Hr. 12pm-Chair Yoga	26	27 10am-Tue. Comm.	28	29 10am-Bible Study	30	31

St. Thomas Financial Report
January 1, 2024 – July 31, 2024

<p style="text-align: center;">Operations Income</p> Pledges = 46055.00 Plate/General Offering = 6462.50 Regular Giving = 3350.00 Altar Guild/Flowers = 300.00 Calendars/Day by Day = 18.00 Parish Hall Donations = 470.00 Account Transfers = 10,780.00 TOTAL = 67,435.50	<p style="text-align: center;">Operations Expenses</p> Advertising = 357.00 Building/Maintenance = 6199.22 Insurance = 11,518.25 Mission Share = 10,532.05 Office = 6030.00 Payroll = 40,203.64 Professional Fees = 7774.00 Worship/Education = 1065.93 Other = 269.71 TOTAL = 83,849.80
<p style="text-align: center;">Other Income</p> CDF Fund = 320.00 Chapel Rock = 140.00 Good Friday = 135.00 Building Fund = 100.00 Account Transfers = 1465.47 TOTAL = 2160.47	<p style="text-align: center;">Other Expenses</p> CDF Assistance = 1582.77 CDF Outreach = 62.89 CDF Account Fees = 12.00 Chapel Rock = 140.00 Good Friday = 135.00 Account Transfers = 10,100.00 TOTAL = 12,032.66

Operations Income = 67,435.50
Operations Expenses = 83,849.80
Difference = **-16,414.30**
Income is **19% less** than Expenses

Other Income = 2160.47
Other Expenses = 12,032.66
Difference = **-9872.19**
Income is **82% less** than Expenses

St Thomas Prayer List

Please pray for:

Martha Childers

Greg Orr

Cindi Reutter and Family

Camp

Pauline Crossett

Carolann Chambers

Win Hjalmarson

Family of Renee

Juliana

Lloyd Schwab

Vaughn Cary

Cybele

Connie Griffin

Pray for the soul of:

Naomi Cornelson